



THE MAYAN ALLERGEN MENU

FOOD PREPARED HERE MAY CONTAIN OR MAY HAVE COME IN CONTACT WITH THE BELOW ALLERGENS AND MIGHT HAVE COME IN CONTACT WITH OTHER INGREDIENTS WHICH ARE NOT LISTED BELOW

Name of dish	Peanuts	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
APPETISERS														
Totopos con salsa	M	M		M		M	X	M	X		M			X
Gordal Olive														
Pan de casa									X					X
guacamole														X
Tacos														
Tinga de pollo									X					
Brbacoa de buey	M	M		M		M		M			M			
Baja fish	M	M		M		X		M			M			
Carnitas	M	M		M		M		M		X	X			
Camote	M	M		M		M		M			M		X	
Beranjena (lunch menu)	M	M		M		M		M			X			

Add 'X' if the allergen is present in the ingredients or 'M' supplier says it may contain it.

Review Date-03/03/2025



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starters	Peanuts	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
Padron pepper														
frijoles	M	M		M		M		M	X		M		X	X
Sopa de tortilla									X	X				X
Empanadas	M	M		M		M	X	M	X		M			X
Chicken wings	M	M		M		M		X			M			X
Croquetas de carne	M	M		M		M	X	X	X		M			X
Pulpo asado			X		X	X			X					
Mar y maiz	M	M	X	M		X		M	X		M			
CEVICHE	Peanuts	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
Seabass						X		X						
salmon						X		X						



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Grill	Peanuts	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
Lamb chuletas	M	M		M		M		M	X		X			X
Ribeye	M	M		M		M		M	X		X			
fillets	M	M		M		M		M	X		X			
brochetas	M	M		M		M		M	X		X			
fajitas	M	M		M		M		M	X		X			
Rump (lunch)	M	M		M		M		M	X		X			
T-bone	M	M		M		M		M	X		M			
Surf and turf	M	M		M	X	X		M	X		M			
Main	Peanuts	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
Carnitas de puerto				M		M		M	X	X	M			x
Barbacoa lamb shank				M		M		M		X	M			
Polo con mole	X	M		M		M		M	X		M		X	
Chile relleno				M		M	X	M	X		M			X
Lubina y cambas				M	X	X		M	X		X			
Salmon dorado				M	X	X		M	X		M			
Langosta real				M	X	X		M	X		M			X
Setas del mar				M		M		M			M			



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sides	Peanuts	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
tortillas														
totopos														X
fries														X
Garlic fries														X
Truffle fries									X					X
Mexican rice	M	M		M		M		M	X		M	M		
Tomato salad														
Carrot									X					
Dessert	Peanuts	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
Choco pinata							X		X					X
Cheesecake							X		X					X
ensalada														
churros	M	M		M			X		X		M	M		X
Sundae	M	M		M		M	X	M	X		M			X



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Bottomless Brunch

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Name of dish	Peanuts	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
APPETISERS														
Totopos salsa	M	M		M		M	X	M	X		M			X
guacamole														X
Tacos	Peanuts	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
Tinga de pollo									X					
Barbacoa	M	M		M		M		M			M			
Baja fish	M	M		M		X		M			M			
Padron pepper														
Camote	M	M		M		M		M			M		X	
Sopa de tortilla									X	X				X



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Main	Peanuts	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
Chistorra	M	M		M			M	M	X		M			X
Huevo de pato	M	M		M		M	X	M			M			
Spicy bacalao	M	M		M		X			X	M	M		X	
Chicken fajitas	M	M		M		M		M	X		X			
Berenjena roll	M	M		M	X			M			M			X
salmon				M	X	X		M	X		M			
lobster				M	X	X		M	X		M			X
Setas del mar				M		M		M			M			
sides	Peanuts	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
fries														X
Camote										X				
Garlic fries														X
Arroz Verde	M	M		M		M		M	X		M	X		
Tomato salad														